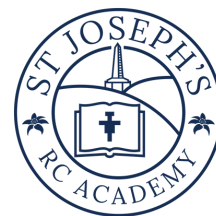


ST JOSEPH'S JOURNAL

Issue 30



WEEK ENDING 3RD MAY 2024

KEEPING FIT AND HEALTHY

Our children are putting all their energy into prioritising their health at the start of the Summer Term. As well as the relaunch of our daily mile, our children in Years 1, 2, 3 & 4 are benefitting from weekly cricket coaching, provided by Cricket Asylum. They have now completed two of their four week sessions and they are absolutely loving it! We celebrate all the children's progress in the daily mile at the end of each week and also put the total number of laps together to make a combined score for each class. The track shown below is a screen shot



SUNSCREEN AND SUN SAFETY

Whilst we are not yet at the height of our Summer, it is important we remind ourselves how sensitive our children's skin is to the sun and the long lasting damage that can be caused by not taking appropriate measures. Here are the recommendations from the NHS website for all children:

From March to October in the UK, children should:

- cover up with suitable clothing
- spend time in the shade, particularly from 11am to 3pm
- wear at least SPF30 sunscreen

Apply sunscreen to areas not protected by clothing, such as the face, ears, feet and backs of hands.

We encourage parents to apply sunscreen prior to the start of the school day, and where possible, whole day applications are preferable to sending children in with individual bottles.

Should you have any concerns please speak to a member of staff.

HEALTHY EATING

Recently we have seen an increase in items being brought into school that would not be considered healthy options if eaten on a daily basis. This applies to both snacks for playtimes and contents of some children's packed lunch. Please can we ask that only fruit or snack bars are brought in for breaktimes and that items such as crisps are only included in packed lunches occasionally and not on a daily basis. Children should be encouraged to eat nutritional sandwiches, snack sticks such as carrots and cucumbers, yogurts, fruit and items such as a fruit loaf if they are still hungry. Please do not bring any items containing chocolate or nuts into school. Thank you for your support.

Our decisions today shape the health for our children's future.



ATTENDANCE

'Moments Matter, Attendance Counts'

Attendance at school is as much about pupil well-being as academic success. Being in school supports pupil's friendships, confidence and wider development. When pupils miss school, the impact of 'feeling behind' can be a barrier to their future success. Government data shows that 84% of Key Stage 2 pupils who had 100% attendance achieved the expected standard, compared to 40% of pupils who were persistently absent across the key stage. If pupils are not in school, we can not support them to learn.

Nursery - 91.5%

Reception - 93.8%

Year 1 - 95.6%

Year 2 - 97.0%

Year 3 - 96.9%

Year 4 - 86.7%

Year 5 - 98.3%

Year 6 - 98.6%

Whole school attendance week: 95.4%

We need these figures to be above 96% Help us reach our goal - every day counts!!

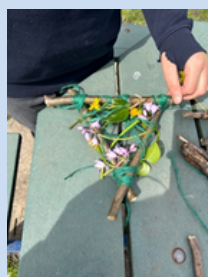
Whole school attendance this year: 94.5%



Attend Today, Achieve Tomorrow

FOREST SCHOOL FUN.

A really busy day in the glorious weather this week and Mrs Murty commented on how hard the children had all worked in their sessions. Special mentions to Elijah in Beech for being caring, kind and sensible and to Emily and Joshua in Elm for persevering following a plan with the sticks and string from start to finish! Also to Jason and Gabriel for amazing detective work figuring out the names of the trees and looking for clues!



WEAR IT GREEN DAY

Mental Health Awareness Week is taking place between 13th and 19th May and we are proposing to have a 'wear it green day' on Friday 17th May.



We know how important our mental health is and we would like to highlight this once again within our families and our wider community. There are no limits on how little or how much green a child can come to school in on this day, whether a child comes to school in their uniform with a green accessory or comes head to toe in green, we are all in this together.

BANK HOLIDAY WEEKEND PLANS



Todmorden Folk Festival is a wonderful, grassroots festival hosted by local volunteers throughout Todmorden's historic buildings and squares on May Bank Holiday.

The whole town is brought to life with morris dancing, live music, workshops, craft and theatre in a celebration of folk arts. If you have some spare time, why not take a look and if you have any photos to share for next week's newsletter, please feel free to email them in to admin@stjosephs.romerocat.com

THIS WEEK'S AWARDS



Beech: Muaz J, For being persistent in his learning and using his voice to share ideas.

Cedar: Freddie L, For always setting a good example.

Elm: Niahaal A, Putting in maximum effort in writing

Oak: Olivia J, For her efforts in all her lessons this week

WOW!

Beech: Esmaia L, For showing her understanding of the word symmetrical in her beautiful butterfly.

Cedar: Arabella S, For always showing confidence and independence when recording data in our computing lessons.

Elm: Miley G, Writing a great persuasive letter

Oak: Aleesha M, Super history work and presented beautifully

DATES FOR YOUR DIARY...

Trips, Visits, Theme Days and More

Friday 3rd May Whole School Mass 10am all welcome

Sunday 5th May Children on the sacramental programme are invited to take part in the crowning of Mary for the May Procession at 10am Mass

Monday 6th May Bank Holiday Monday

Tuesday 7th May Todmorden in Bloom: design a Bug Hotel competition winners Aleena and Taybah are invited to the Mayor's Parlour at 5pm to be presented with their certificates.

Wednesday 8th May Performance at BTRCC for Year 4 pupils 'I want a Mobile Phone'

Sunday 12th May Children on the sacramental programme are asked to attend mass together with their parents

Monday 13th - Thursday 16th May KS2 SATs week

Friday 17th May Wear it Green Day

Monday 20th May Y6 Transition Visit to BTRCC

Wednesday 22nd May Sacramental Programme 4pm in school in preparation for First Holy Communion

May half term is 2 weeks Monday 27th May - Friday 7th June

Monday 10th - Friday 14th June Y1 Phonics Screening Check week

Monday 10th - Friday 14th June Y4 Multiplication Check week

Thursday 13th June U11 Todmorden Cricket Competition

Did you make it to today's 'Walk and Talk'? There's always next time – check out the dates on the poster below:

Wellbeing Matters

'Walk and Talk'

Together from 2:40pm

Meet outside the school gates

Friday 22nd March

Friday 26th April

Friday 24th May

Friday 28th June

Friday 12th July

Whether you want to share a concern or simply get out in the fresh air before collecting your child(ren) for the weekend, come and join us on our local 30mins walk, suitable for all.



NEY Regional Mental Health Team – Introduction to Avoidant Restrictive Food Intake Disorder (ARFID) and Q&A: Schools focus

This FREE clinically led session will cover;

- An overview of ARFID and what it is.
- How children and young people may present at school.
- What schools can do to support children with ARFID.
- Support available for professionals and families.

There will also be an opportunity to ask questions during the session.

**When is it?: Thursday 27 June 2024,
1.00pm–2.00pm**

Where is it?: on Microsoft Teams

How to book: Please complete the short form [here](#) or use the QR code below.



Whilst this session is focused on ARFID in schools, other professionals working with Children and Young People within North East and Yorkshire are welcome to attend.